

Eastside Baptist Church



Equipping the Saints for Ministry by First Seeking the Kingdom of God
(Ephesians 4:12/Matthew 6:33)

Volume XII Issue II **Every day is a priceless gift of God** FEBURARY 2017

NEGRO NATIONAL ANTHEM

Lift every voice and sing till Earth and Heaven ring
Ring with the harmonies of liberty
Let our rejoicing rise high as the listening skies
Let it resound loud as the rolling sea

Sing a song full of the faith that the dark past has taught us
Sing a song full of the hope that the present has brought us
Facing the rising sun of our new day begun
Let us march on till victory is won

Stony the road we trod, bitter the chastening rod
Felt in the days when hope unborn had died
Yet with a steady beat have not our weary feet
Come to the place for which our father's sighed

We have come over a way that with tears have been watered
We have come treading our path through the blood of the slaughtered
Out from the gloomy past, till now we stand at last
Where the white gleam of our bright star is cast

God of our weary years, God of our silent tears
Though who hast brought us thus far on the way
Though who hast by Thy might led us into the light
Keep us forever in the path we pray

Lest our feet stray from the places our God where we met Thee
Lest our hearts, drunk with the wine of the world we forget Thee
Shadowed beneath Thy hand, may we forever stand

True to our God, true to our native land.



Rev. Dr. Arthur C. Banks
1st Lady Jacquie Banks

*"This is the day that the Lord has made;
we will rejoice and be glad in it"
(Psalm 118:24)*



From the Editor
Eric Grimes

This year marks **12 continuous years** of publication for the Messenger! If you would like to contribute information, pictures or articles, please submit them to: erg58@aol.com. The Media Ministry is going digital; you can now download Sunday services to your portable devices. See details below . . .

Articles and views expressed in this publication are presented for the information and benefit of the members of Eastside Baptist Church, and may not necessarily reflect the position of the Church.

Church Motto:

Where God is praised and Disciples Are Made

MEDITATE ON THE MESSAGE

"So then faith cometh by hearing and hearing by the word of God"

(Romans 10:17)

Were you blessed by the Sunday Service? Have you ever wanted to hear OR see "just" the message, prayers, devotion, praise & worship, choir selections, revivals or anniversaries again? Now you can! Digital WMV (video) & MP3 (audio) files are now available for electronic download to your portable devices! Custom build your playlist of Eastside MP3 & WMV selections, (eFile \$1.00ea) . MP3 (audio) files from 2007 to present & WMV (video) files from Nov 2016 to present. *Hard copies of CD's & DVD's will still be available for \$5.00 ea.* **EBC MEDIA MINISTRY**

DOWNLOAD FILE FORMAT: \$1.00 EA FILE



HARD COPY FILE FORMAT: \$5.00 EA DISC



What's Inside

- From The Editor
- Negro National Anthem
- Healthy Living.
- The Church Mouse.
- **EBC eMEDIA NOW AVAILABLE FOR DOWN LOAD.**
- Black Inventors
- Bessie Coleman
- End Times Deception.
- Kings Kids.
- Business Cards.

www.eastsidebaptistchurch65.org



3575 Portland Avenue
Tacoma, Washington 98404
(253) 472-6222

Church Office
Monday-Friday
9:00 a.m. - 2:00 p.m.



Praise Him!

HE>i



HEALTHY LIVING

Jehovah-Rophe
"Jehovah heals"

"I WILL PRAISE THEE; FOR I AM FEARFULLY AND WONDERFULLY MADE: MARVELLOUS ARE THY WORKS; AND THAT MY SOUL KNOWETH RIGHT WELL." (Psalm 139:14)

Did you know sweet potato has twice the fiber, twice the calcium & over 1,300 times more Vitamin A than white potato? They are also anti-inflammatory. Time to make a switch.



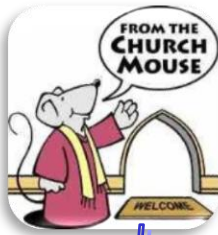
Health Disclaimer: The information provided in this article should not be construed as personal medical advice or instruction. No action should be taken based solely on the contents of this letter. Readers should consult appropriate health professionals on any matter relating to their health and well-being. The information and opinions provided here are believed to be accurate and sound, based on the best judgment available to the author, but readers who fail to consult appropriate health authorities assume the risk of any injuries. The Editor is not responsible for errors or omissions.

In Honor of Black History Month **BLACK INVENTORS**



<u>PRODUCT</u>	<u>INVENTOR</u>	<u>DATE</u>
Air Conditioning Unit	Frederick M. Jones	1949
Almanac	Benjamin Banneker	1791
Auto Cut-Off Switch	Granville T. Woods	1839
Auto Fishing Device	George Cook	1899
Baby Buggy	William H. Richardson	1889
Biscuit Cutter	Alexander P. Ashbourne	1875
Blood Plasma Bag	Charles Drew	1945
Chamber Commode	Thomas Elkins	1897
Clothes Dryer	George T. Sampson	1971
Curtain Rod	Samuel R. Scottron	1892
Curtain Rod Support	William S. Grant	1896
Door Knob	Osborn Dorsey	1878
Door Stop	Osborn Dorsey	1878
Egg Beater	Willie Johnson	1884
Electric Lamb Bulb	Lewis Latimer	1882
Elevator	Alexander Miles	1867
Eye Protector	Powell Johnson	1880
Fire Escape Ladder	Joseph W. Winters	1878
Fire Extinguisher	Thomas Marshall	1872
Folding Bed	Leonard C. Bailey	1899
Folding Chair	Nathaniel Alexander	1911
Fountain Pen	Walter B. Purvis	1890
Furniture Caster	David A. Fisher	1878
Gas Mask	Garrett Morgan	1914
Golf Tee	George T. Grant	1899
Guitar	Robert F. Fleming, Jr.	1886
Hair Brush	Lydia O. Newman	1898
Hand Stamp	Walter B. Purvis	1883
Ice Cream Scoop	Alfred L. Cralle	1897
Insect Destroyer Gun	Albert C. Richardson	1899
Ironing Board	Sarah Boone	1887
Key Chain	Frederick J. Loudin	1894
Lantern	Michael C. Harvey	1884
Lawn Sprinkler	John H. Smith	1897
Lemon Squeezer	John Thomas White	1893
Lock	Washington A. Martin	1893
Lubricating Cup	Elijah McCoy	1895
Lunch Pail	James Robinson	1887
Mail Box	Paul L. Downing	1891
Mop	Thomas W. Stewart	1893
Peanut Butter	George W. Carver	1896
Pencil Sharpener	John L. Love	1897
Record Player Arm	Joseph H. Dickinson	1819
Rolling Pin	John W. Reed	1864
Shampoo Headrest	Charles Orren Bailiff	1898
Spark Plug	Edmond Berger	1839
Stethoscope	Thomas A. Carrington	1876
Straightening Comb	Madam C. J. Walker	1905
Street Sweeper	Charles B. Brooks	1890
Phone Transmitter	Granville T. Woods	1884
Thermostat Control	Frederick M. Jones	1960
Traffic Light	Garrett Morgan	1923
Tricycle	Matthew A. Cherry	1886

*Seven days without prayer
makes one weak!*



"Is it a sin to cuss / swear / curse?"

It is definitely a sin to swear (curse, cuss, etc.). The Bible makes this abundantly clear. [Ephesians 4:29](#) tells us, "Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen." [First Peter 3:10](#) declares, "For, whoever would love life and see good days must keep his tongue from evil and his lips from deceitful speech." [James 3:9-12](#) summarizes the issue: "With the tongue we praise our Lord and Father, and with it we curse men, who have been made in God's likeness. Out of the same mouth come praise and cursing. My brothers, this should not be. Can both fresh water and salt water flow from the same spring? My brothers, can a fig tree bear olives, or a grapevine bear figs? Neither can a salt spring produce fresh water."

James makes it clear that the lives of Christians—the “brothers”—should not be characterized by evil speech. By making the analogy of both salt water and fresh water coming from the same spring (which is uncharacteristic of springs), he makes the point that it is uncharacteristic for a believer to have both praise and cursing come from his/her mouth. Nor is it characteristic for us to praise God on one hand and curse our brothers on the other. This, too, is uncharacteristic of a true believer.

Jesus explained that what comes out of our mouths is that which fills our hearts. Sooner or later, the evil in the heart comes out through the mouth in curses and swearing. But when our hearts are filled with the goodness of God, praise for Him and love for others will pour forth. Our speech will always indicate what is in our hearts. “The good man brings good things out of the good stored up in his heart, and the evil man brings evil things out of the evil stored up in his heart. For out of the overflow of his heart his mouth speaks” ([Luke 6:45](#)).

Why is it a sin to cuss / swear / curse? Sin is a condition of the heart, the mind, and “the inner man” ([Romans 7:22](#)), which is manifested in our thoughts, actions and words. When we swear and curse, we are giving evidence of the polluting sin in our hearts that must be confessed and repented of. Thankfully, our great God is “faithful and just and will forgive us our sins and purify us from all unrighteousness” ([1 John 1:9](#)). When this happens, we receive a new nature from God ([2 Corinthians 5:17](#)), our hearts are transformed, and our speech reflects the new nature God has created within us.

Bessie Coleman

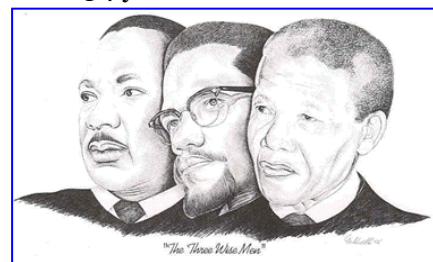
Was an American civil aviator, the first female pilot of African American descent, and the first person of African American descent to have an international pilot license. She was born in 1892 in Texas, the tenth of thirteen



children, and in school showed herself to be a lover of reading and mathematics. She enrolled in what is now Langston College in Oklahoma, but was forced to return home due to lack of funds. At 23, she moved to Chicago,



where she heard stories from returning World War I pilots about flying during the war. Due to her race and gender, however, despite her interest in aviation, no American flight school or aviator would train her. Determined to become an aviator, Bessie went to France in 1920 and, a year later, earned her aviation license from the Fédération Aéronautique Internationale, becoming the first American of any gender to receive a license from that organization. She trained as a “barnstorming” stunt flier in order to make a living. Known as “Queen Bess,” she was well-known for her daredevil maneuvers, though her flamboyant style was often criticized by the press. Though offered a role in a film, when she learned that her first scene would show her in tattered clothes with a walking stick and pack, she walked off set rather than perpetuate the derogatory image of African Americans. In 1926, in preparation for an air show, her plane failed to pull out of a dive and began to spin, causing Bessie to be thrown from the plane, 2,000 feet above the ground, killing her instantly. She was 34 years old





The Kings Kids



The Whole Armor of God

Ephesians 6:10-18

Suffer hardship with me as a good soldier of Christ Jesus. No soldier in active service entangles himself in the affairs of everyday life, so that he may please the one who has enlisted him as a soldier, and if anyone competes as an athlete, he does not win the prize unless he competes according to the rules.
2 Timothy 2:3-5



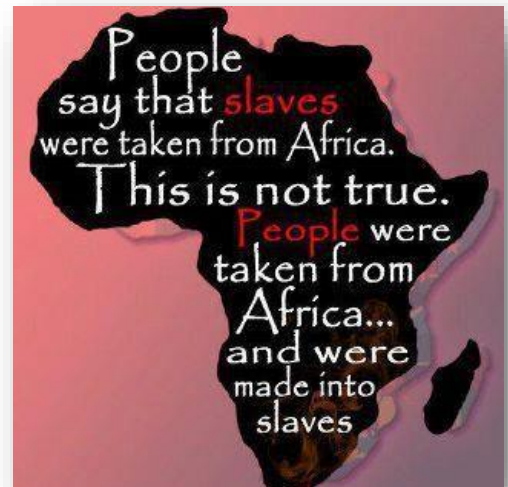
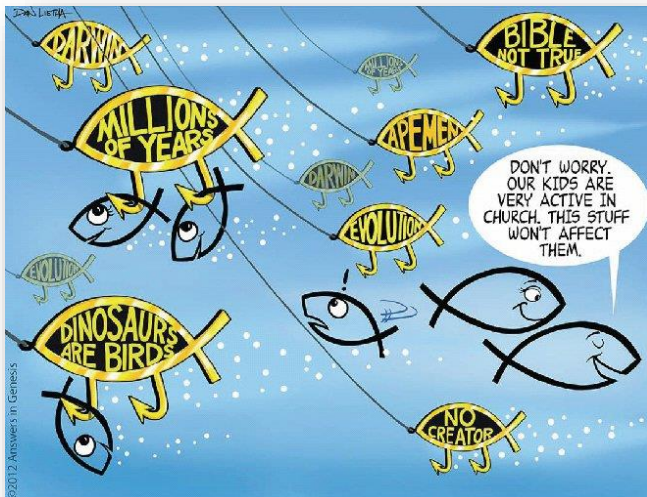
- The Helmet of Salvation**
Verse-17
- The Breastplate of Righteousness**
Verse-14
1 Corinthians 1:30
- The Shield of Faith**
Verse-16
Hebrews 11
- The Belt of Truth**
Verse-14
John 8:31-32 John 14:6
- The Sword of The Spirit**
Verse-17
Hebrews 4:12-13
- Feet Shod with The Gospel**
Verse-15
Romans 10:15

- 10 Finally, be strong in the Lord, and in the strength of his might.
- 11 Put on the whole armor of God, that ye may be able to stand against the wiles of the devil.
- 12 For our wrestling is not against flesh and blood, but against the principalities, against the powers, against the world-rulers of this darkness, against the spiritual hosts of wickedness in the heavenly places.
- 13 Wherefore take up the whole armor of God, that ye may be able to withstand in the evil day, and, having done all, to stand.
- 14 Stand therefore, having girded your loins with truth, and having put on the breastplate of righteousness,
- 15 and having shod your feet with the preparation of the gospel of peace;
- 16 withal taking up the shield of faith, wherewith ye shall be able to quench all the fiery darts of the evil one.
- 17 And take the helmet of salvation, and the sword of the Spirit, which is the word of God:
- 18 with all prayer and supplication praying at all seasons in the Spirit, and watching thereunto in all perseverance and supplication for all the saints,

The Parables of Christ

NTREERTGIFNERRABEWE
 LAEPEARLTHENNAMRBEU
 RICHFOLANI EAVAIUSEN
 EBUIDILEWOTZRAIEERJ
 WRDOLENIVIRRI LNGTUU
 OEEINBRORPIRDAGRPS
 SVSTM EUAMARIRGLEERAT
 T LSP EUMPGMNCAGEA OES
 EINWOASESDGOMAHATDRT
 NSOESUFTTNTVSEVSITE
 VTS D TENOAAATSW EUGNW
 ISOAAA WDRRSE EONPAEA
 ROWSZERESODAEONPLDR
 GLTPRISSLDESMSNESDD
 IUSAVTENWARDESIROIT
 NSREROBALOMULEVRNHE
 SLNLOOFHCIRHOUDRAWN
 IIMPOR TUNATEWIDOWHO
 GTNAVRESLUFICREMNU P

- | | |
|--------------------|-----------------------|
| BARREN FIG TREE | PEARL |
| BUILDING TOWER | PHARISEE AND PUBLICAN |
| DRAW NET | POUNDS |
| GOOD SAMARITAN | PRODIGAL SON |
| GREAT SUPPER | RICH FOOL |
| HIDDEN TREASURE | SOWER |
| IMPOR TUNATE WIDOW | TALENTS |
| LABORERS | TARES |
| LEAVEN | TEN VIRGINS |
| LOST SHEEP | TWO SONS |
| LOST SILVER | UNJUST STEWARD |
| MARRIAGE FEAST | UNMERCIFUL SERVANT |
| MUSTARD SEED | |



Donna Smith Palms
Independent Beauty Consultant

253-732-1794

DonnaPalms@marykay.com
www.marykay.com/DonnaPalms

Shop online with me 24/7



Heavenly Clean
For all your power washing needs

Tony Willoughby
253-344-9779

Email: wecleanheavenly@gmail.com

Web: www.wecleanheavenly.com

TRACILYNN®
JEWELRY

Debra Able
Consultant #6381
Telephone # 253-961-6706
E-Mail dsajmd@gmail.com
www.tracilynnjewelry.net/debraable



MJH Enterprises

Jacquelyn Harris, M.Ed.

Web Design & Maintenance,
Technology Integration Services

253.245.7567
jharris@mjhent.com
www.mjhent.com

The Tuner Alone
Preserves
The Tone



**GRACE
PIANO
SERVICE**

TUNING and REPAIR

JOHN GRACE

Phone 943-3712
1924 N. McCormick St.
Olympia, Washington 98506

ETERNITY
Great White Throne (Mark of Final)
Magog & God

Before the Great Tribulation

*Jews in the wilderness 1260 days
*Sacrifices stopped 1290 days until
Abomination Of Desolation
* Many Christians killed

3.5 Years
The Great Tribulation

Jesus Returns
The Great Tribulation Ends

Resurrection
God's Wrath
Babylon Judgement
Armageddon Battle
Sheep & Goats Judgement
1,000 Year Reign

Revelation 12: 6, 14-17, Revelation 7:1-8, Revelation 8:2-13, Revelation 6:1-6, Matthew 24: 5-14, Mark 13:7-14, Luke 21:9-19

Revelation 6:7-8, Revelation 9:1-12, Revelation 12: 7-12, Revelation 17:8, Revelation 6:9-11, Revelation 7:9-17, Revelation 9:13-21, Revelation 13:1-18, Revelation 15:2-4, Revelation 17:11, Matthew 24:15-21, Mark 13:14-24, Luke 21:20-36

Revelation 20:5

Revelation 20:14, Revelation 20:8

One day
Revelation 6:12-17, Revelation 14:14-16, Revelation 16:17-21, Revelation 18:1-24, Rev. 17:12-14, Rev. 14:17-20, Rev. 19:11-21, John 11:21, Job 14:12-14, 1 Corinthians 15:52, 1 Thessalonians 4:16-17, Matthew 24:29-31

Bestway Towing & Hauling



Free Car and Junk Removal

Nick McCown, Owner

3569 E. Portland Ave. Cell: (406) 570-3385
Tacoma, WA 98404 Cell: (253) 439-8696

YOUR ONE STOP SOLUTIONS PROVIDER!

PREFERRED

Susan Shreck
Senior Account Representative

735 St Helens Avenue
Tacoma, Washington 98402

Website: www.preferredcopier.com
E-mail: s.shreck@preferredcopier.com

Main: 425.251.1202
Fax: 425.251.1696

Direct: 253.250.0558

Preferred Business Solutions

Canon SENTRYFILE RICOH hp P M-Files

LULAROE
simply comfortable



HOST A POP-UP BOUTIQUE & EARN FREE CLOTHES

Patricia Tarver

LuLaRoe Independent Fashion Consultant

LuLaRoePatriciaTarver@gmail.com

f Lularoe Patricia Tarver

Instagram Lularoe Patricia Tarver

Buy 10 items get a free legging

1 2 3 4 5 6 7 8 9 10