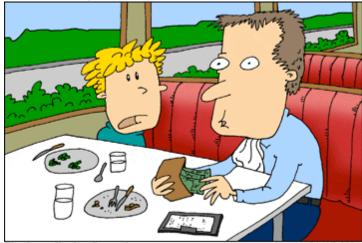


# Ten Reasons to Believe the Bible

#### 1) Its Honesty:

The Bible is painfully honest. It shows Jacob, the father of its "chosen people," to be a deceiver. It describes Moses, the lawgiver, as an insecure, reluctant leader, who, in his first attempt to come to the aid of his own people, killed a man, and then ran for life to the desert. It portrays David not only as Israel's most loved king, general, and spiritual leader, but as one who took another man's wife and then, to cover his own sin, conspired to have her husband killed. At one point, the Scriptures accuse the people of God, the nation of Israel, as being so bad they made Sodom and Gomorrah look good by comparison (Ezekiel 16:46-52). The Bible represents human nature as hostile to God. It predicts a future full of trouble. It teaches that the road to heaven is narrow and the way to hell is wide. Scripture was clearly not written for those who want simple answers or an easy, optimistic view of religion and human nature.

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Thanks to Shirley Ostrander

01-15-2004

HOW COME THE WAITRESS GETS 15% AND GOD ONLY GETS 10%?

#### 2) Its Preservation:

Just as the modern state of Israel was emerging from thousands of years of dispersion, a Bedouin shepherd discovered one of the most important archeological treasures of our time. In a cave of the northwest rim of the Dead Sea, a broken jar yielded documents that had been hidden for two millennia. Additional finds produced manuscripts that predated previous oldest copies by 1,000 years. One of the most important was a copy of Isaiah. It revealed a document that is essentially the same as the book of Isaiah that appears in our own Bibles. The Dead Sea scrolls emerged from the dust like a symbolic handshake to a nation coming home. They discredited the claims of those who believed that the original Bible had been lost to time and tampering.

#### 3) Its Claims for Itself:

It's important to know what the Bible says about itself. If the authors of Scripture had not claimed to speak for God, it would be presumptuous for us to make that claim for them. We would also have a different kind of problem. We would have a collection of unsolved mysteries, embodied in historical and ethical literature. But we would not have a book that has inspired the building of countless churches and synagogues all over the world. A Bible that did not claim to speak in behalf of God would not have become foundational to the faith of hundreds of millions of Christians and Jews (2 Peter 1:16-21). But with much supporting evidence and argument, the Bible's authors did claim to be inspired by God. Because millions have staked their present and eternal well-being on those claims, the Bible cannot be a good book if its authors consistently lied about their source of information. (Cont on pg 4)



# From the Editor **Eric Grimes**

This year marks 12 continuous years of publication for the Messenger! If you would like to contribute information, pictures or articles, please submit them to: erg58@aol.com. The Media Ministry is going digital; you can now download Sunday services to your portable devices. See details below . . .

<u>Articles and views</u> expressed in this publication are presented for the information and benefit of the members of Eastside Baptist Church, and may not necessarily reflect the position of the Church.

Ohunch Motto: Where God is praised and Disciples Are Made

# MEDITATE ON THE MESSAGE

"So then faith cometh by hearing and hearing by the word of God"
(Romans 10:17)

Were you blessed by the Sunday Service? <u>Have you ever wanted to hear OR see "just" the message, prayers, devotion, praise & worship, choir selections, revivals or anniversaries again?</u> Now you can! Digital WMV (video) & MP3 (audio) files are now available for <u>electronic download to your portable devices!</u> Custom build your playlist of Eastside MP3 & WMV selections, <u>(eFile \$1.00ea)</u>. MP3 (audio) files from 2007 to present & WMV (video) files from Nov 2016 to present. <u>Hard copies of CD's & DVD's will still be available for \$5.00 ea.</u>

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- From The Editor
- Ten Reasons
- Healthy Living.
- The Church Mouse.
- EBC eMEDIA NOW AVAILABLE FOR DOWN LOAD.
- The Christian Sabbath?
- Kings Kids.
- Business Cards.

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SE THEE; FOR I AM FEARFULLY AND WONDERFULLY MADE: MARVELLOUS ARE THY WORKS; AND THAT MY SOUL KNOWETH RIGHT WELL." (Psalm 139:14)



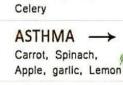


Carrot, Apple, Spinach, Beet





by Dan Lietha



DIABETES Carrot, Spinach,

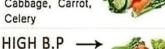






Apple, Cucumber,

kale, Ginger, Celery



ARTHRITIS .

Carrot, Celery, Pineapple, lemon



Beet, Apple, Celery,

Cucumber, Ginger

Carrot, Watermelon, Cucumber, Cilantro



Orange, Apple, Watermelon, Lemon



EYES ->





STRESS

Banana, Strawberry Pear



CONSTIPATION -

Carrot, Apple, Fresh Cabbage



FATIGUE -

Carrots, Beets, Green Apple, Lemon, Spinach



HANGOVER →

Apple, Carrot, Beet, Lemon



MEMORY LOSS ·

Pomogranate, Beets, Grapes



**NERVOUSNESS** -

Carrot, Celery, Pomogranate



INDIGESTION —

Pineapple, Carrot. Lemon, Mint



**Health Disclaimer:** The information provided in this article should not be construed as personal medical advice or instruction. No action should be taken based solely on the contents of this letter. Readers should consult appropriate health professionals on any matter relating to their health and well-being. The information and opinions provided here are believed to be accurate and sound, based on the best judgment available to the author, but readers who fail to consult appropriate health authorities assume the risk of any injuries. The Editor is not responsible for errors or omissions.



Seven days without prayer makes one weak!

#### (Cont from pg 1)

#### 4) Its Miracles:

Israel's exodus from Egypt provided a historical basis for believing that God revealed Himself to Israel. If the Red Sea did not part as Moses said it did, the Old Testament loses its authority to speak in behalf of God. The New Testament is just as dependent upon miracles. If Jesus did not rise bodily from the dead, the apostle Paul admits that the Christian faith is built on a lie (1 Corinthians 15:14-17). To show its credibility, the New Testament names its witnesses, and did so within a time-frame that enabled those claims to be tested (1 Corinthians 15:1-8). Many of the witnesses ended up as martyrs, not for abstract moral or spiritual convictions but for their claim that Jesus had risen from the dead. While martyrdom is not unusual, the basis on which these people gave their lives is what's important. Many have died for what they believed to be the truth. But people do not die for what they know to be a lie.

#### 5) Its Unity:

Forty different authors writing over a period of 1,600 years penned the 66 books of the Bible. Four hundred silent years separated the 39 books of the Old Testament from the 27 of the New Testament. Yet, from Genesis to Revelation, they tell one unfolding story. Together they give consistent answers to the most important questions we can ask: Why are we here? How can we come to terms with our fears? How can we get along? How can we rise above our circumstances and keep hope alive? How can we make peace with our Maker? The Bible's consistent answers to these questions show that the Scriptures are not many books but one.

#### 6) Its Historical and Geographical Accuracy:

Down through the ages, many have doubted the historical and geographical accuracy of the Bible. Yet modern archeologists have repeatedly unearthed evidence of the people, places, and cultures described in the Scriptures. Time after time, the descriptions in the biblical record have been shown to be more reliable than the speculations of scholars. The modern visitor to the museums and lands of the Bible cannot help but come away impressed with the real geographical and historical backdrop of the biblical text.

#### 7) Its Endorsement by Christ:

Many have spoken well of the Bible, but no endorsement is as compelling as that of Jesus of Nazareth. He recommended the Bible not only by His words but also by His life. In times of personal temptation, public teaching, and personal suffering, He made it clear that He believed the Old Testament Scriptures were more than a national tradition (Matthew 4:1-11; 5:17-19). He believed the Bible was a book about Himself. To His countrymen He said, "You search the Scriptures, for in them you think you have eternal life; and these are they which testify of Me. But you are not willing to come to Me that you may have life" (John 5:39-40).

#### 8) Its Prophetic Accuracy:

The days of Moses, the Bible predicted events no one wanted to believe. Before Israel went into the Promised Land, Moses predicted that Israel would be unfaithful, that she would lose the land God

was giving her, and that she would be dispersed throughout all the world, re-gathered, and then re-established (Deuteronomy 28-31). Central to Old Testament prophecy was the promise of a Messiah who would save God's people from their sins and eventually bring judgment and peace to the whole world.

#### 9) Its Survival:

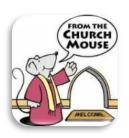
The books of Moses were written 500 years before the earliest Hindu Scriptures. Moses wrote Genesis 2,000 years before Muhammad penned the Koran. During that long history, no other book has been as loved or as hated as the Bible. No other book has been so consistently bought, studied, and quoted as this book. While millions of other titles come and go, the Bible is still the book by which all other books are measured. While often ignored by those who are uncomfortable with its teachings, it is still the central book of Western civilization.

#### 10) Its Power to Change Lives:

Unbelievers often point to those who claim to believe in the Bible without being changed by it. But history is also marked by those who have been bettered by this book. The Ten Commandments have been a source of moral direction to countless numbers of people. The Psalms of David have offered comfort in times of trouble and loss. Jesus' Sermon on the Mount has given millions an antidote for stubborn pride and proud legalism. Paul's description of love in 1 Corinthians 13 has softened angry hearts. The changed lives of people like the apostle Paul, Augustine, Martin Luther, John Newton, Leo Tolstoy, and C. S. Lewis illustrate the difference the Bible can make. Even entire nations or tribes, like the Celts of Ireland, the wild Vikings of Norway, or the Auca Indians of Ecuador have been transformed by the Word of God and the unprecedented life and significance of Jesus Christ. Thus, we can use the Bible to be the standard by which everything can be measured.



#### FIRST CHURCH SEARCH Acts 2:42-49 The Challenge The early Church showed love and obedience for God In tots of ways In the puzzle below, find some words that describe the attitudes and ctions of the first Christians blessing faithful forgiver giving glad graveful нарэу helping humble joyful loving obecient praise prayer preaching saved Striging worship The Super Challe As we worship God and obey him, others may get to know him also.



## Is Sunday the Christian Sabbath?"

Answer: Observing a Sabbath day of rest/non-work was a command in the Old Covenant law (Exodus 20:8; 31:12–18). Christians are not under the law but have traditionally set aside Sunday as a day of worship and rest in remembrance of the fact that Jesus was resurrected on a Sunday. Some view Sunday as the Christian Sabbath, essentially transferring the Old Covenant laws about not working from sundown Friday to sundown Saturday to Sundays. Even in an increasingly secular culture, many businesses are still closed on Sundays. Is this biblical?

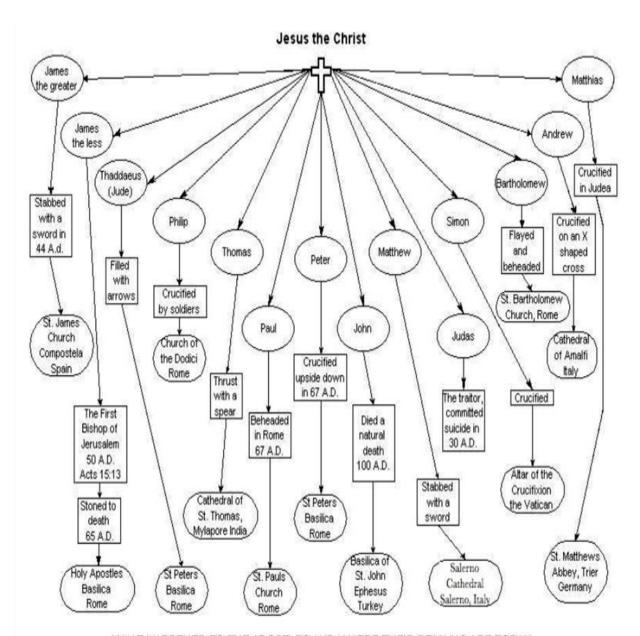
It is important to understand that the New Covenant nowhere commands worship or restricts work on Sundays. Biblically speaking, Sunday is not the Christian Sabbath. The New Testament describes Christians worshiping on Sundays (Acts 20:7; 1 Corinthians 16:2), but this is descriptive rather than prescriptive. Christians are described as worshipping on Sundays, but Sunday worship is nowhere prescribed or commanded. Nowhere in the New Testament are Christians even described as setting aside Sunday as a Sabbath day.

The Sabbath day was an important aspect of the covenant between God and Israel. Exodus 31:17 states, "It [the Sabbath day] is a sign forever between me and the people of Israel that in six days the LORD made heaven and earth, and on the seventh day he rested and was refreshed." Prior to God giving the nation of Israel the Mosaic Law, God nowhere required Sabbath observance. After Jesus' death on the cross perfectly fulfilled the Law, God nowhere requires Sabbath observance. Biblically speaking, Christians are not commanded to observe a Sabbath day on Saturday or Sunday or any other day of the week.

At the same time, following the creation pattern of six days of work followed by a <u>day of rest</u> is a good thing. Further, setting aside a day of the week to focus on worship in undeniably biblical (Hebrews 10:25), although we are to worship God every day, not just one day per week. And, ultimately, <u>Jesus is our Sabbath</u> rest (Hebrews 4).

In conclusion, no, Sunday is not the Christian Sabbath. There is no biblically commanded Christian Sabbath. But it is perfectly acceptable to set aside Sunday as a day for worship in light of Christ's resurrection occurring on a Sunday. Also, making Sunday a day of rest to coincide with its being a day of worship seems a logical and, more importantly, biblically sound thing to do.





WHAT HAPPENED TO THE APOSTLES AND WHERE THEIR REMAINS ARE TODAY



# The Kings Kids

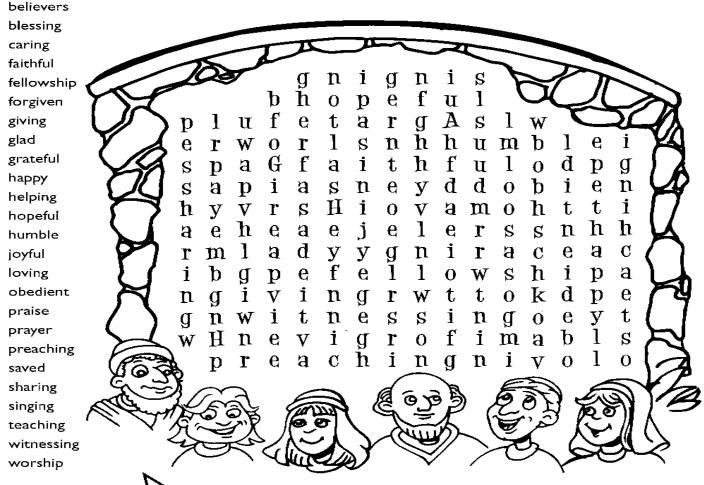


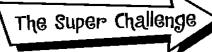
# FIRST CHURCH SEARCH



Acts 2:42-47

The early Church showed love and obedience for God in lots of ways. In the puzzle below, find some words that describe the attitudes and actions of the first Christians.





Write the unused letters in order from left to right, going across each line, in order to discover what happens when we worship God.

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